

SAFETY ACTION PLAN

ACTIVITY: INDOOR TEAM RESCUE

LOCATION: INDOOR VENUES

GROUP LEADER...

- ➡ Responsible for overall group management
- ➡ Disclose relevant medical conditions
- ➡ Fulfil responsibilities in SAP below

PARTICIPANTS...

- ➡ Shoes

INSTRUCTOR...

- ➡ Pass internal training and assessment program

RESTRICTIONS

Must have shoes or bare feet (no socks)

RATIOS (not including instructor)

1 adult : 12 students

What could go wrong? 'The potential harm'	What would cause it to go wrong? 'The hazard'	How could we prevent it from going wrong? 'The mitigation'	Responsibility of?	When will it be done?	Emergency Plan
Loss of process	- Too many team members	- The activity can run with any amount of people but optimum numbers are 5 to 12 people	TS Instructors	Before	<i>Suspected major injury</i>
	- Improper briefing/instructions	- Ensure the whole group is listening during briefing	Group Leaders	Before	- All to vacate area
	- Lack of understanding of objectives	- Brief group clearly and adapt objectives to suit the groups age, mental and physical capacity	Group Leaders	During	- Group leader to coordinate first aid
	- Too complex for group	- Outline the goal of the activities	Group Leaders	During	- Group leader to arrange for ambulance or extra assistance
	- Not physically appropriate for the team	- Ensure the team is physically capable of the challenges	TS Instructors	During	- Inform host of incident immediately and fill out appropriate forms
Bumps, bruises, scrapes, strains, sprains	- Negative comments by bystanders	- Give guidelines to bystanders regarding opinions			- Assess if activity can continue
	- Poor Supervision	- No Running in socks	Participants + Group leaders	Before	<i>Entrapment</i>
	- Running with socks on carpet	- Clear brief about use of equipment, including being aware of group members, the length of the broom handle, and the risks of carrying rope around their neck	Group leader	During	- Instructor to follow procedure to release trapped item
	- Holding broom handle at head height		Participants + Group leaders	Before & During	<i>Other/ Minor Injury</i>
Psychological harm	- Throwing objects				- Group leader to administer first aid
	- Draping rope around neck				
Psychological harm	- Being bullied or forced to participate	- Challenge by choice	TS instructor	During	
		- Group encouragement	Participants + GL		

Please note: The instructor may cancel this activity at any time if conditions outlined in this SAP are not able to be achieved or maintained. *Serious hazards are highlighted*